



Double-arm amputee Jeff Tiessen, a three-time Paralympian, gold medalist and world record holder, translated a successful athletic campaign to a prominent career as a publisher, producer and writer. An award-winning journalist with over 1,000 published features to his credit, Tiessen's work has always had a lens on the disability community.

A respected educator, advocate and highly sought-after public speaker, facilitator and moderator, Tiessen candidly and humorously educates audiences on disability mindset from the lived-experience perspective.

### ■ PROFESSIONAL ACHIEVEMENTS

*Founder (1990) and President of Disability Today Publishing Group, Inc., Canada's #1 resource for the disability community, including its Disability Today Network division.*

- **Disability Today magazine** (Canada's disability community)
- **Active Living magazine** (health & adapted activity magazine)
- **Play to Podium** (resource for special needs families)
- **thrive magazine** (amputee and limb loss community)
- **Glowing Hearts** (children's book series)
- **Mother & Child** (parents and caregivers)
- **Triumph of the Human Spirit** (commemorative book – 1996 Paralympic Games)
- **Pan Am Proud: A Tribute to Champions** (commemorative book – 1999 Pan American Games)
- **ParaSport Ontario Magazine** (25+ years)
- **Toronto with Ease – Accessibility Guide to the City** (4 editions)
- **Alignment – Orthotics and Prosthetics Canada Journal**
- **Safe Play Every Day** (children's safety book series)
- **Power of ParaSport – Celebrating 5 Decades in Ontario**

### ■ SPECIAL PROJECTS

- Producer of two cross-Canada disability awareness pavilions, reaching over three million Canadians, promoting the abilities of Canadians with physical disabilities.
- Co-founder of annual (25th) Active Living Conference
- Executive Director, ParaSport® Ontario (2017-2022)

## ■ PERSONAL ACHIEVEMENTS

- Three-time Paralympian (New York 1984; Seoul, Korea 1988; Barcelona, Spain 1992)
- Three-time Paralympic medalist (silver – 1984, gold – 1988, bronze – 1992; 400m track)
- Reigning world-record holder in 400m track event for double-arm amputee disability class
- Canadian Disability Hall of Fame Inductee
- 2002 Queen's Golden Jubilee Commemorative Medal Recipient
- 2012 Queen's Diamond Jubilee Commemorative Medal Recipient
- Award-winning Journalist and Disability Advocate Who's Who of Executives & Professionals
- Team 2008 Member, Toronto Olympic Bid Committee
- Profiled in publications *The Olympians Among Us* and *Heroes in Our Midst*
- King Clancy Award Recipient (Canadian Foundation for Physically Disabled Persons)
- Windsor Sports Hall of Fame Inductee
- University of Windsor's Alumni Hall of Fame Inductee
- Variety Village Sports Centre Wall of Fame Inductee
- Board Member, Canadian Therapeutic Riding Association
- Advisory Committee, Canadian Fitness Professionals
- Canadian Disability Hall of Fame Selection Committee
- Senate of Canada's Sesquicentennial Medal Recipient (recognition of service to the nation, awarded in conjunction with Canada 150 celebrations)
- Volunteer service includes numerous organizations such as the Canadian Paralympic Committee, March of Dimes, Easter Seals, Variety Village, Holland Bloorview Kid Rehab Hospital, and more.

### A FORMULA FOR SUCCESS

Regardless of audience demographics, Tiessen's dynamic presentations encourage others to carefully consider what success means to them individually. Above and beyond his compelling story of managing his traumatic injury acquired as a youth, and his achievements as a decorated elite athlete and prominent publisher, Tiessen educates and entertains with the small victories in his life that truly define this double-arm amputee's formula for success.

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 **Disability Today**

**thrive** Living Well  
with Limb Loss

 **mindset**

